

Download Eating Gluten Free With Emily A Story For Children With Celiac Disease

10/25/2016 Celiac Disease Follow-Up Checklists: Dietitian Commentary “Let food be thy medicine, and medicine be thy food”... Hippocrates has never been more accurate with this statement when it comes to celiac disease and non-celiac wheat sensitivity. The time has come for the Celiac installment! Of course, let me make this 100% clear, Celiac Disease is NOT a food allergy. It is not a wheat allergy either (that’s a different top 8 allergen which will get its own post, but not now, don’t want to confuse you!) Celiac Disease is an autoimmuneRead More[Flour Mix Recipe is at the end of this post] In the comment section of my pie crust post, reader John asked if I had any info about the gluten-free flours that I use. I’ve been meaning to post something on this topic for awhile now—and I’d like to thank John for reminding me. I...Read More »Close hero overlay

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